



## Cancer survivor proves preventive exams save lives

As a breast cancer survivor, Brenda Schrader knows the value of preventive health exams. Schrader learned first-hand that early detection is the best protection against cancer, and that procedures like mammograms and colonoscopies can save lives.

"My physician, Dr. Rynders, recommended that I have a mammogram as part of my routine annual exam. This was my first mammogram ever and resulted in a biopsy. My diagnosis was invasive ductal carcinoma. If I hadn't had my mammogram, I don't know where I'd be right now," said Schrader.

After being diagnosed, she asked her physician what he would recommend for care. Since HCHC is a smaller facility, Schrader wasn't sure if HCHC offered the services she would need. Dr. Rynders recommended Dr. Michelle Tansey, HCHC's General Surgeon.

"I chose to stay at HCHC and it's been a blessing. Staff treat you like family which was important to me because I am not from Iowa and most of my family lives out of state. HCHC is a small hospital and offers treatment just as good as larger facilities. I received personal care. I felt like I got better care at HCHC," explained Schrader.

She discovered the majority of her cancer treatment could be done at HCHC. She had her mammogram and a week later her biopsy. A short time later she went into surgery with Dr. Tansey to remove the tumor. A month later she started chemotherapy.

"I'm from Lee County, but I work in Mt. Pleasant. Receiving my chemotherapy here allowed me to function somewhat normally during treatment. I was still able to work and keep a normal routine," she said.

Schrader's positive experience was attributed to the extraordinary medical care by Dr. Tansey and HCHC staff. When Schrader recovered from her breast cancer treatment, Dr. Tansey recommended a colonoscopy to screen for colon cancer.

"Colonoscopies are both therapeutic and diagnostic. That means that we can find the problem and take care of it all at once. Brenda's colonoscopy was completely normal, and she's a breast cancer survivor and doing very well," commented Dr. Tansey.



"My overall experience was wonderful. I had my mammogram, biopsy, surgery, chemotherapy and colonoscopy here. The staff made me feel like family. If it wasn't for HCHC, I wouldn't be here today."

-Brenda Schrader

**HENRY COUNTY HEALTH CENTER  
HEALTH UPDATE  
SEPTEMBER-DECEMBER 2018**

HCHC UPDATE ..... 2

WOMEN'S HEALTH ..... 3

EMERGENCY DEPARTMENT ..... 4

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HEALTH CENTER**  
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# HCHC receives national MAP Award

Henry County Health Center was named as a recipient of the 2018 MAP Award for High Performance in Revenue Cycle, sponsored by the Healthcare Financial Management Association (HFMA). As a national award winner, HCHC has met industry-standard revenue cycle benchmarks, implemented the patient-centered recommendations and best practices embodied in HFMA's Healthcare Dollars & Sense® initiatives, and achieved outstanding patient satisfaction. HCHC is the only Critical Access Hospital in the nation to have won the MAP Award more than once.

In 2009, HCHC received HFMA's High Performance in Revenue Cycle Award and was recognized in HFMA's Patient Friendly Billing Project. Of the 14 hospitals recognized, HCHC was the only Iowa hospital and the only Critical Access Hospital (CAH) in the nation. HCHC again won the award in 2013, with HFMA recognizing only 10 organizations that year.



"HCHC has always done an excellent job on the revenue cycle, but it took the health center as an organization to win this award," commented Dave Muhs, HCHC's Chief Financial Officer. "HCHC won this prestigious award due to the improvement in patient satisfaction scores, process improvement and price transparency that we as an organization have made over the last couple of years. It took the entire health center to achieve this status."

## New process improves patient safety

Patient safety is HCHC's number one priority. One of the most important things staff can do to help avoid errors is to pause to properly identify patients and then match them to the correct procedures or treatment plan. At HCHC, we want to ensure that all of our patients are accurately identified. Thus, we have recently started placing identification bands on patients that had not been banded before—specifically patients receiving lab services, radiology services and HCHC clinic services.

All inpatients, outpatients and Emergency Department patients are asked to provide identification upon presentation to the hospital. After the patient's identify is confirmed, a patient identification band is placed on the patient.

We use two identifiers, the patient's name and date of birth, to reconfirm the patient's identity prior to every instance of administering medication, administering blood products, taking blood samples or other specimens for clinical testing or performing other treatments or procedures. The patient's full name and date of birth on the identification band will be checked and compared to the patient information on the requisition, medication, specimen container label or medical record to ensure proper identification. Any time a specimen is collected, it should be labeled in front of the patient.

Patient identification bands should be left on the patient until discharge. Any time a patient does not have a patient identification band on, no test, procedure or medication should be performed until the band is replaced. Any time a band is replaced, the information on the band must be verified by asking the patient their name and date of birth prior to placing the new band. Even if a patient is familiar to the healthcare provider, the details of a patient's identification must be checked to ensure the right patient receives the right care.

The safety of HCHC's patients is our top priority, and this new process and the importance of correct patient identification relates directly to patient safety.

## HCHC Women's Health welcomes OB/GYN

HCHC welcomed Michael Ryskin, M.D., F.A.C.O.G., to our women's healthcare team this summer. Dr. Ryskin is an Obstetrician/Gynecologist and has been working with HCHC patients since last October, starting full-time in June. Dr. Ryskin brings extensive experience in obstetrics and gynecological surgical services.

Dr. Ryskin offers area women a full scope of obstetrical and gynecological services, both conservative and surgical. These services include, but are not limited to, pregnancy and delivery, menstrual disorders and menopause, pelvic pain, urinary incontinence, pelvic prolapse, family planning, infertility, and more.

He joins Certified Nurse-Midwives Kendra Bonnesen and Kari Payne to provide valuable OB/GYN services for area women.



Michael Ryskin, M.D.

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## HCHC Women's Health midwifery nationally recognized

**HCHC Women's Health Services received national recognition from the American College of Nurse-Midwives (ACNM) as an ACNM "Triple Aim" Best Practice. Of the 257 practices participating in the 2017 ACNM Benchmarking Project, only 97 were designated with this recognition. HCHC's Women's Health Services is the only service in Iowa to make the best practice list for midwifery services.**

"Triple Aim" Best Practice recognizes practices in midwifery which meet the Institute for Health Improvement "Triple Aim" of improving the patient experience, reducing cost of care, and improving the health of populations. In addition, for HCHC's size, HCHC's services in midwifery was one of only three services in the nation named Best Practice for low postpartum hemorrhage rate. The specific "Triple Aim" benchmarking data for midwifery services includes data on C-sections, pre-term birth and breastfeeding rates.

HCHC's two Certified Nurse Midwives partner with women to provide unique, individualized care throughout all ages and stages of life. Kendra Bonnesen, ARNP, FNP-C, CNM, and Kari Payne, ARNP, CNM, specialize in pregnancy, labor and birth, and provide general healthcare to women, gynecological services, family planning and newborn care. Michael Ryskin, MD, FACOG, joined HCHC's Women's Health Services this summer and offers area women a full scope of obstetrical and gynecological services, both conservative and surgical.

For more information about HCHC's Women's Health Services or to make an appointment, call 319-385-6770 or go to [www.hchc.org/home/health-services/womenshealth](http://www.hchc.org/home/health-services/womenshealth).

# HENRY COUNTY HEALTH CENTER

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Mount Pleasant, IA 52641

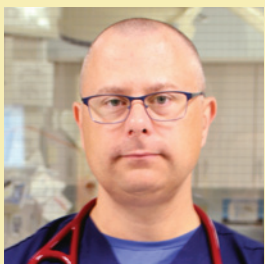
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## HCHC welcomes new Emergency Department physicians

Henry County Health Center is pleased to welcome two new physicians to our medical community. Dr. Rose Schabilion and Dr. Alex Grekoff joined the health center in July, bringing the number of HCHC Emergency Department full-time physicians to four.

"We are excited that Dr. Schabilion and Dr. Grekoff have joined our medical community. They are two great individuals who are also wonderful physicians. Having four full-time Emergency Department physicians will ensure continuity of care for our patients, and I'm looking forward to the collaboration amongst medical and nursing staff," commented HCHC CEO Robb Gardner.

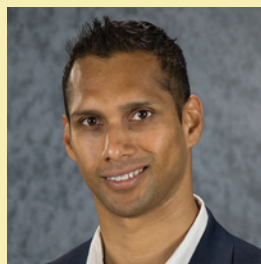
The new physicians join Dr. Frederick Frank, HCHC Director of Emergency Services since 2015, and Dr. Samir Patel who has been an HCHC Emergency Department physician since 2016.



Frederick Frank, D.O.



Alex Grekoff, M.D.



Samir Patel, M.D.



Rose Schabilion, M.D.

## PHYSICIANS & CLINICS of HCHC

WAYLAND COMMUNITY CLINIC  
**Jessie Anderson, DNP, ARNP**  
227 W. Main  
319.256.7100

Clinic held on Mondays and Thursdays  
8:30 a.m.–Noon and 1 p.m.–5 p.m.  
Wednesdays 8:30–11:30 a.m.

WINFIELD COMMUNITY CLINIC  
**Tess Judge-Ellis, DNP, ARNP**  
110 W. Pine  
319.257.6211

Clinic held on Tuesdays (Dr. Judge-Ellis & Kendra Bonnesen, ARNP) and Fridays (Dr. Judge-Ellis & Dr. Anderson)  
8:30 a.m.–Noon and 1 p.m.–5 p.m.  
Wednesdays (Dr. Anderson) 1–4:00 p.m.

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Chief Executive Officer: Robb Gardner  
Editor: Shelley L. Doak  
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