

Health Update

HENRY COUNTY
HEALTH CENTER
CARE YOU TRUST. COMPASSION YOU DESERVE.

MOUNT PLEASANT, IOWA
OCTOBER, NOVEMBER,
DECEMBER 2013

The tradition of excellence continues

HCHC CELEBRATES COMPLETION OF SURGERY DEPARTMENT

Since 1921 Henry County Health Center has made progressive healthcare a tradition. On September 8, HCHC continued this tradition and celebrated another milestone in HCHC history with an open house showcasing the new Surgery Department.



Area residents were invited to join HCHC Trustees, Medical Staff, Administration and Associates to tour the new area. Visitors were escorted through the Surgery Department to view the new waiting room, private pre-operative/recovery rooms, an operating room, the endoscopy suite, and Phase 1 recovery. Following the tour, refreshments were served.

“HCHC has a history of innovative, forward-thinking board members who realized the need to build this facility back in 1921.”

Robb Gardner, CEO

“Our current trustees have shown this same dedication to the delivery of quality healthcare when they committed to the multi-phased facilities master plan which included construction of an Energy Center, the new Surgery Department, and enhancements to Outpatient and Specialty Clinic areas. Throughout the years, our residents have come to expect this continued tradition of excellence in healthcare. This is a great time to celebrate our rich history, our present accomplishments, and our bright future.”

One of the core services for the health center and the communities we serve is the availability and access to high quality, effective and efficient surgical services.

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Building for the Future

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The new Surgery Department plays an instrumental role in meeting the healthcare needs of future generations, and this project will expand and improve the technology, comfort and privacy that patients receive. Of specific appeal to patients and families is the separate surgery waiting room, 10 private pre-operative/recovery rooms, two operating rooms, and an endoscopy suite.

“In addition to providing high quality surgical care, patient privacy and comfort are priorities of the expanded Surgery Department. The area will accommodate individual patient needs and reduce anxiety, creating a peaceful, relaxing environment. In addition to enhancing the experience of our patients and families, the new surgical area also enhances efficiencies for medical staff and associates who work there so we are well-positioned to deliver outstanding care.”

Robb Gardner, CEO

IN APPRECIATION

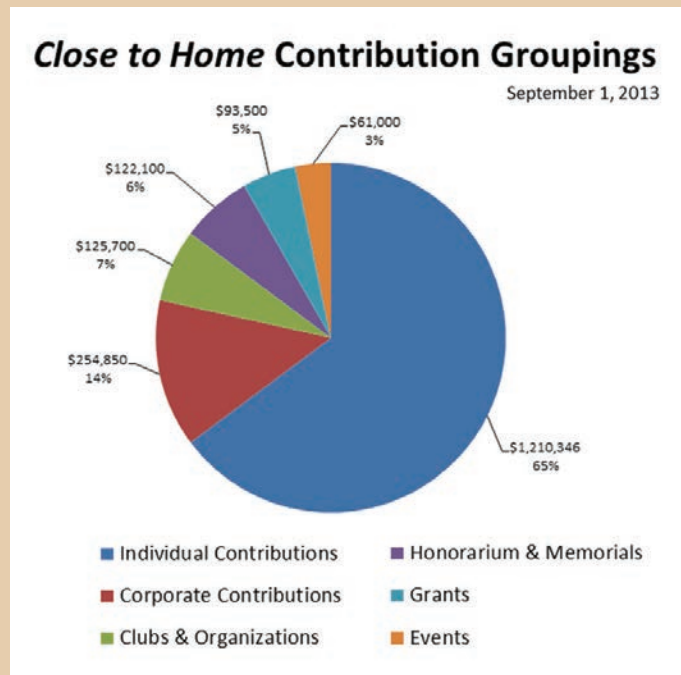
On the same date as the ground breaking for the Surgery Department back in October 2012, the HCHC Foundation launched the public phase of the *Close to Home* Campaign. To support HCHC efforts to transform surgical and outpatient areas of the health center, the HCHC Foundation asked the community who will be served by these upgrades and renovations to help raise \$2 million.

Over the past 18 months, contributions have been received from our patients, neighbors, friends and business communities. This outpouring of financial support has allowed us to meet essential healthcare needs for future generations. By investing in the

project, donors have become an important partner with HCHC in achieving our mission to enhance the health of individuals and our communities through high quality, effective and efficient services.

“This has been such a wonderful journey and a worthwhile project. People throughout the county have been so generous, and the HCHC Foundation sincerely thanks all the individuals who joined our campaign. Funds from the campaign will be applied toward various

components within the master facility plan, the first being the new Surgery Department. The Surgery Open House was just the beginning of many great things to come at Henry County Health Center, and we were pleased to show our donors what their dollars have accomplished thus far,” said Rosell.



Building for the Future

Building for the future

WHAT'S NEXT?

Henry County Health Center is committed to meeting the growing and changing healthcare needs of the communities we serve. After a thorough assessment of our communities current and future healthcare needs, we developed a multi-phased facilities master plan. This includes construction of a new Energy Center and Surgery Department, as well as enhancements to Outpatient and Specialty Clinic areas.

PHASE ONE: Construction of the new Energy Center was completed in summer 2012. The building provides the electrical, heating and cooling supply, allowing for future growth and sustainability.

PHASE TWO: Populating the Energy Center with equipment that provides the infrastructure to the organization is also complete.

PHASE THREE: Construction of a new Surgery Department and expansion of Outpatient and Specialty Clinic areas. The Surgery Department was completed in September 2013. Remodeling has already begun for Outpatient and Specialty Clinic areas to expand and improve efficiencies within these areas. When Phase Three is completed, HCHC will offer area residents:

- **Improved patient registration area**
- **Remodeled outpatient services area**
- **A new laboratory with private lab draw stations**
- **Room improvements for outpatient cardiopulmonary services**
- **A Women's Center in Radiology**

- **Additional Specialty Clinic exam rooms for visiting specialists**
- **A Health Education Center for educational classes and training**
- **Exterior canopy to shelter Radiology patients from adverse weather conditions**

CURRENT CONSTRUCTION

Now that the Surgery Department is finished, visitors will notice that the Frontage Road has reopened, and parking spaces have been restored at the front of the health center. The construction work has moved indoors as the focus has shifted to the new Lab and the Health Education Center. Also slated for construction are the new restrooms to replace the restrooms that were located by the former Health Education Center. The Gift Shop also underwent some remodeling. In the near future, it is anticipated that work on the walkway to the MRI trailer will begin when the design is completed and approved. Work on the Specialty Clinic, central waiting area, restrooms and Women's Center will follow. The anticipated date of completion is Spring 2014.

We appreciate the understanding of our patients and visitors during this construction process. We will provide construction updates on the affected areas on our web site www.hchc.org. Click on "Building Project Updates" or on the building rendering. To access Facebook updates, "like" us at www.facebook.com/HenryCountyHealthCenter. If you have questions about the construction project, please call HCHC's Public Information Department at 319.385.6124.

Our new Surgery Department

Due to technical and procedural advancements, the number of outpatient (same day) surgeries that HCHC performs has increased. As a result, we built a new Surgery Department to continue to provide the superior care that our community deserves, and to meet the needs of our patients and families for future generations.

The Surgery Department provides our communities with local access to high quality, effective and efficient surgical services. The new area will enhance the experience of our patients, and expand and improve the technology, comfort and privacy that our patients receive, providing a healing and nurturing

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HCAC Foundation

2012-2013 Close to Home Campaign As of 9/13/2013

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Staats Custom Awards
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TD & T Financial Group
Marvin & Wilma Tibbs
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Andy & Teresa Youngquist

Thank You

We thank all of the individuals and organizations who have made gifts to our *Close to Home* campaign. Every effort is made to ensure the accuracy of this information. If for some reason your listing is incorrect, please contact Michelle Rosell at 319.385.6541 or email rosellm@hchc.org.

HCHC Services

Occupational Therapy helps local man with recovery process

After undergoing hand surgery, Mike Hampton of Mt. Pleasant looked to Henry County Health Center for his therapy needs.

The appeal of coming to Rehabilitation Services was two-fold – Hampton knew he would receive high quality, personalized care and he would receive this care conveniently in his own community.

“I chose HCHC because it is close to home and my surgeon recommended Occupational Therapist Valerie Felland as a top-notch therapist.”

Mike Hampton

He underwent the three hour surgery to correct an inherited condition of contracting tendons in his left hand ring finger, little finger and thumb. Hampton had lost so much strength in his hand that he was not able to hold a cup for any length of time and he could not straighten his two fingers and thumb. The purpose of surgery was to regain use of his hand and fingers.

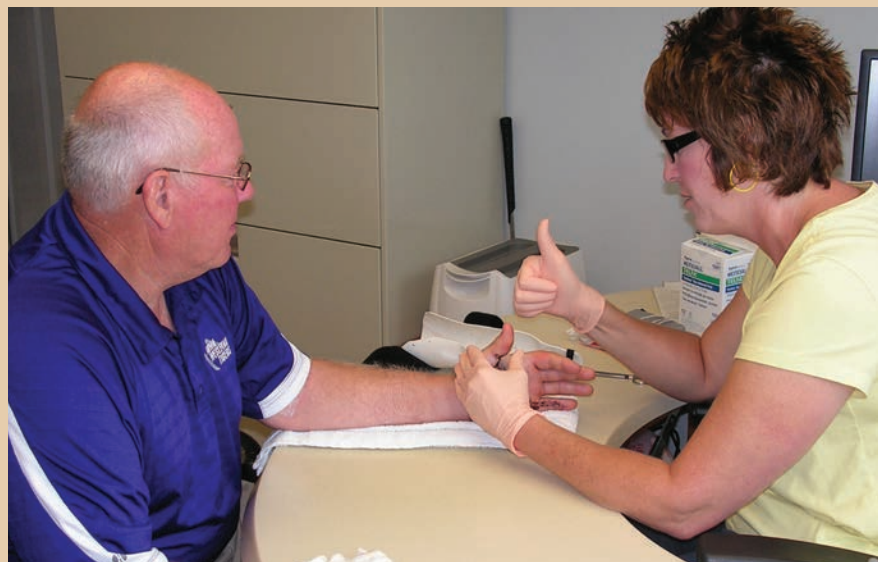
Hampton had surgery on July 10 and was already in therapy on July 15. He reports great progress of gaining movement in all fingers with therapy. Recently he reached a great accomplishment of taking his thumb and touching the other four fingertips, a feat he had been unable to do for years due to tissue buildup in his hand.

“Val is great! She pushes me, but at the same time is understanding of my limits. By carrying on a conversation, she is able to draw me away from what is taking place. She has a great way of explaining what she is

doing and why. Val also built a hand cast for protection of the surgery site and has me do specific exercises that have been beneficial in my recovery.”

Hampton found one of the benefits of rehab at HCHC is the short travel time to appointments. He also noted that Rehab Services staff has been helpful in all aspects, from scheduling appointments to therapy.

“HCHC Rehabilitation Services is a great place to go. Their service to us all is unbelievable. I have gained so much more respect for what they do for their patients now that I am the patient. Being in athletics my whole life, I have had athletes go through therapy for injuries, but this is the first time for me. The staff in Rehab are so valuable, and I strongly recommend HCHC Rehab Services. They are such a valuable asset to the community!”



HCHC's Occupational Therapist Valerie Felland, OTR/L, provides therapy for inpatients and outpatients. She treats a large percentage of patients with orthopedic conditions and custom fabricates splints for the upper extremity. She also treats hospitalized patients for neurological diagnosis or any diagnosis that causes the patient to lose function. For more information about Occupational Therapy at HCHC, call HCHC's Rehabilitation Services at 319-385-6102.

HCHC Services

HCHC welcomes Orthopedic Surgeon to Medical Staff

DR. JOSEPH TANSEY JOINS HCHC

Physicians & Clinics of Henry County Health Center is pleased to welcome Joseph Tansey, M.D., Board Certified Orthopedic Surgeon, to HCHC's Medical Staff. Dr. Tansey opened his practice at HCHC in mid-August.

Dr. Tansey received his Bachelor of Science Degree in Biology/History from Loyola University Chicago, and earned his medical degree from Loyola Stritch School of Medicine in Maywood, Illinois. Dr. Tansey fulfilled his residency and was chief resident for a year in the Department of Orthopaedic Surgery at the University of Illinois-Chicago Hospital. He completed a fellowship in foot and ankle surgery at St. Vincent's Hospital in New York and Kingsbrook Jewish Medical Center in Brooklyn, NY.

Dr. Tansey is a Board Certified Orthopedic Surgeon and has been in private practice in the Chicago area since 2006. He holds several professional memberships which include membership in the American Medical Association, American Academy of Orthopaedic Surgery, and the American Orthopaedic Foot and Ankle Society. At HCHC, Dr. Tansey will provide general

orthopedic services, including sports medicine and work comp.

"We are pleased to welcome Dr. Joe Tansey to HCHC and our community. As a full-time Mt. Pleasant based orthopedic surgeon, Dr. Tansey will provide general orthopedic services for our communities. As a member of HCHC's Medical Staff, he will be a great addition to the orthopedic services that HCHC delivers to area residents," commented HCHC CEO Robb Gardner.

Direct appointments or referrals can be made by calling Dr. Tansey at Physicians & Clinics of Henry County Health Center, Suite 103, Mt. Pleasant, 319-385-6770. To listen to an interview with Dr. Tansey, go to www.hchc.org/KILJ_RADIO/ and click on "September 13, 2013 (Dr. Joseph Tansey, Orthopedic Surgeon)."



continued from page 3 Our new Surgery Department

environment. The new addition offers a separate surgery waiting room, 10 new private pre-operative/recovery rooms, two new operating rooms plus an endoscopy suite.

WHAT WE OFFER

HCHC's Surgery Department provides surgical services on a 24-hour basis for your emergency, preventive and restorative health needs. We provide:

- **Experienced Surgeons, OR Staff, and Certified Registered Nurse Anesthetists committed to safe patient care;**
- **General Surgery procedures and specialty surgeries in Gynecology, Orthopedics, Urology, Podiatry, Gastrointestinal, Ophthalmology, Ear/Nose/Throat;**

- **Pain Management procedures provided by the Anesthesia Department;**
- **The most current surgical techniques including laparoscopic and endoscopic procedures;**
- **Personalized, quality care for each patient and their family;**
- **High level of patient satisfaction, and much more!**

For more information on the Surgery Department and for a list of surgeons, call HCHC's Public Information Department at 319-385-6124.



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Upcoming Events

CARDIAC/PULMONARY SUPPORT GROUP

Wednesday, October 16, Noon
Presentation by Prudy Mallams, RN, BSN
Classroom A1, HCHC

Tuesday, December 3, 6:30 p.m.

Annual Christmas Party

Bring a healthy, low fat dish to share. Drinks, meat, plates, utensils provided.

*Mt. Pleasant Civic Center
(2nd floor of the Library)*

DIABETES 2-HOUR FOLLOW-UP CLASS

Thursday, October 3, 2-4 p.m.
Thursday, November 7, 2-4 p.m.
Thursday, December 5, 2-4 p.m.
Diabetes Education Center, HCHC

PRE-DIABETES CLASS

Thursday, December 19, 12-1 p.m.
Call 385-6518 to register
Diabetes Education Center, HCHC

HCHC AUXILIARY MEETING

Monday, October 14
Monday, November 11
Monday, December 9
9:00 a.m. Monthly Meeting
Classroom A1, HCHC

DIABETES GROUP TRAINING

Tuesday, October 22 & 29
Tuesday, November 19 & 26
Tuesday, December 10 & 17
Call 385-6518 to register
Diabetes Education Center, HCHC

COFFEE CLUB

Thursday, November 14, 8-9 a.m.
Free social hour discussing diabetes and other health topics
Diabetes Education Center, HCHC

HCHC AUXILIARY SOUP SUPPER

Friday, November 1, 4:30-7 p.m.
Calvary Baptist Church

PHYSICIANS & CLINICS of HCHC

WAYLAND COMMUNITY CLINIC

Jessie Anderson, ARNP
227 W. Main
319.256.7100

Clinic held on Mondays and Thursdays
8:30 a.m.–Noon and 1 p.m.–5 p.m.
Wednesdays 8:30–11:30 a.m.

WINFIELD COMMUNITY CLINIC

Tess Judge-Ellis, DNP, ARNP
110 W. Pine
319.257.6211

Clinic held on Tuesdays (Dr. Judge-Ellis)
and Fridays (Dr. Judge-Ellis &
Jessie Anderson)
8:30 a.m.–Noon and 1 p.m.–5 p.m.
Wednesdays (Jessie Anderson) 1–4:00 p.m.

This publication does not constitute professional medical advice. Although it is intended to be accurate, neither the publisher nor any other party assumes liability for loss or damage due to reliance on this material. If you have a medical question, consult your medical professional.

Chief Executive Officer: *Robb Gardner*
Editor: *Shelley L. Doak*
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